



Lancaster Girls' Grammar School

Headteacher Mrs Jackie Cahalin BA NPQH **Deputy Headteachers** Miss Sarah Bellin BEd, Mrs Gill Jackson BA NPQH

November 2011

Dear Parent/Carer

Year 7 PSHE Programme

As part of your daughter's education at LGGS we have a full Personal, Social, Health Education programme. Some of this is delivered through Citizenship lessons and some of it is timetabled on special days so that pupils can focus on key issues.

This year some of the sex education programme will be delivered through the Beyond the Curriculum lessons as well as in Science. Your daughter will study both the physical and emotional changes of puberty. 7L and 7M will start their programme this half term, with 7J and 7K's lessons timetabled for the first half of the spring term.

As you may be aware, you are legally entitled to withdraw your daughter from the sex education classes. Please inform us as soon as possible, should you wish to do so, so that alternative care arrangements can be made. However, we would hope that you can see the educational and personal benefits of this PSHE programme, as we provide a broad education to prepare your daughter for the wider world.

Please do not hesitate to contact us if you have any queries.

Yours sincerely

Mrs J Cahalin
Headteacher

Mrs C Workman
Head of Citizenship & PSHE