

LGGS SSCO NEWSLETTER 2009

1. Hockey Training at University of Cumbria (December 2008)

LGGS Sports leaders led a fun packed hockey skills circuit for pupils in Years 5 and 6 from Cockerham Primary School. This helped the children to prepare for a national hockey tournament which they entered for the first time this academic year.

All pupils participating in the training session received certificate.

2. Indoor High 5 Netball Coaching at Salt Ayre (February 2009)

LGGS Sports Leaders planned and led an exciting afternoon of High 5 Netball skills and games for pupils from Dolphinhholme Primary School in Years 3, 4, 5 and 6. This session was designed to give the children the basic skills and confidence that they will need to take part in our family High 5 netball tournament in June 2009.

3. Gymnastics Sessions at LGGS (March / April 2009)

Dolphinhholme Primary School children also attended 3 gymnastics workshops at LGGS. Sports Leaders planned and led sessions for Reception and Key Stage 1 children and also for Key Stage 2. All the children enjoyed coming to a secondary school and were able to explore the large apparatus in the gym.

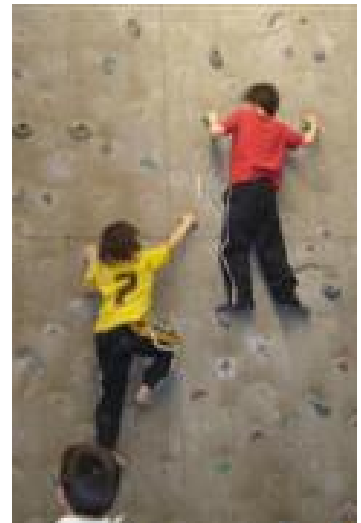
The children practiced and then performed sequences with their partners.

3. Thurnam/Glasson PE lessons at Lancaster University (Spring Term)

As a temporary solution to a lack of indoor PE



space at Thurnham Glasson Primary School, all the children from Reception to Year 6 have been enjoying an afternoon of activities each week at Lancaster University throughout the Spring Term. The children have had a wonderful time using a large indoor space for a wide range of sports and activities. Some children also enjoyed the challenge of the climbing wall and had Street Dance lessons from a professional dance teacher. We would like to take this opportunity to thank all the staff at Lancaster University Sports Centre for being so helpful and supportive.



4. LGGS and The Loyne School 2008-2009

Children from the Loyne School came to LGGS for 2 sports / games circuits.

These sessions were planned by the LGGS Sports Leaders who created differentiated activities based on the abilities of the children attending the sessions. The sessions were exciting, challenging and above all, fun for everyone involved.

Six LGGS Sports Leaders have been volunteering in PE lessons at the Loyne School as part of their Leadership qualification. They have travelled to the Loyne School in their “study periods” to help with activities such as trampolining.



We would like to take this opportunity to thank Honor and all the children at the Loyne School for welcoming us into their school and for continuing the good work that we do together.

6. Multi Skills Circuit at Cockerham School (May 2009 - cancelled due to wet weather)



7. Climbing Tower at Cockerham Primary School.

Thanks to funding from the Lancaster and Morecambe Sports Partnership in 2007-2008, Cockerham School children are now enjoying the use of a spectacular climbing tower in their playground.

8. LGGS Multi-Sport Family Festival (30th June 2009)

LGGS Sports Leaders planned and led a very successful afternoon of Sports for nearly one hundred primary school children from our family schools - report and photos to follow.

9. Extra Curricular Opportunities at LGGS

Thanks to funding from the Lancaster and Morecambe Sports Partnership, pupils and staff at LGGS have enjoyed taking part in a wide variety of extra curricular opportunities this year beyond those normally offered in school. These have included circuit training, yoga, total body workout, cricket, a new rowing club and fencing lessons. We will also be running our eagerly awaited annual Year 9 Adventure Day to YMCA Lakeside which is subsidised by the Partnership.



10. LGGGS Sports Leaders - Netball: Young Organisers Bolt - on Award

All LGGGS Sports Leaders took attended this 6 hour course which was led by Cultural Services at Lancaster City Council and funded by the Lancaster and Morecambe Sports Partnership. Many thanks to Chris McGrath at Skerton High School for making the Sports Hall available to us.

11. LGGGS at Gifted and Talented Street Dance Workshop (February 2009)

Eleven girls from Years 9 and 10 attended a one day Street Dance Workshop at Ludus Dance in Lancaster. This workshop was organised as part of Lancaster University's Gifted and Talented Programme and was funded for the LGGGS girls by the Lancaster and Morecambe Sports Partnership.



12. LGGGS Gifted and Talented Tennis Workshop (May 2009)

Gifted and Talented pupils in Years 7-10 were invited to attend an afternoon of Tennis coaching at LGGGS. James McNally, a professional Tennis coach ran the session which was a great success. This workshop was fully funded by the Lancaster and Morecambe Sports Partnership.

Becky Morris School Sports Co-ordinator

